



Manitoba Farm & Rural Stress Line (MFRSL)

Our Services

Please find a sample of our promotional materials to post in a public place.
Additional copies are available upon request

Manitoba Farm & Rural Stress Line

1-866-367-3276 • www.ruralstress.ca

**Free and confidential support, counselling, information
and referrals to farm families and other rural Manitobans.**

Services include:

- Telephone helpline
- Volunteer Program
- Community Outreach & Education
- Resource Centre
- In-Person counselling (NEW)
- Support Groups (NEW)
- Drop-In (Wednesday afternoons, NEW)

Hours of operation: 10 AM to 9 PM Monday to Friday

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Manitoba Farm & Rural Stress Line
Unit 1, 217 10th Street Brandon MB R7A 4E9

